



Herbal Consultations

New client combo — Includes a 1.5 hour **initial intake** + a 1 hour **follow-up consultation**

Established client follow-ups — A 1 hour meeting to address a new concern, check in on protocol, make adjustments, or modify protocol

Growth in four seasons — Includes **four meetings (quarterly)** + personalized herbal suggestions aligned with seasonal shifts, **a plant walk and/or medicine making session**, and availability for **acute situations** (colds, flus, etc.)

Payment Information

*Below is a sliding scale breakdown largely based on the Green Bottle Personal Financial Experience. I ask that you take moment to consider your current financial situation and note how many of the statements below reflect your personal experience. While this can be used as a guide for my payment, **I accept any amount, no questions asked.***

Category 1: New client combo - \$280, follow-ups - \$130, Growth in four seasons - \$650

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|---|---|
| <input type="checkbox"/> I am comfortably able to meet all of my basic needs, such as food and housing. | <input type="checkbox"/> I have regular access to health care. |
| <input type="checkbox"/> I may have some debt but it does not prohibit attainment of basic needs. | <input type="checkbox"/> I have access to financial savings. |
| <input type="checkbox"/> I have little or no trouble making rent every month. | <input type="checkbox"/> I have expendable income, and am able to do things such as go to the movies or a concert, buy new clothes, books, or other items each month. |
| <input type="checkbox"/> I own a car and/or can comfortably pay for public transportation. | <input type="checkbox"/> I can buy new items if I need/want them. |
| <input type="checkbox"/> I am employed or do not need to work to meet my needs. | <input type="checkbox"/> I can afford an annual vacation or to take time off. |

Category 2: New client combo - \$230-275, follow-ups - \$110, Growth in four seasons - \$550

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|--|--|
| <input type="checkbox"/> I may stress about meeting my basic needs but I still regularly achieve them. | <input type="checkbox"/> I might have access to financial savings. |
| <input type="checkbox"/> I may have some debt but it does not prohibit attainment of basic needs. | <input type="checkbox"/> I have some expendable income. |
| <input type="checkbox"/> I can generally afford public transportation. | <input type="checkbox"/> I am able to buy some new items & thrift others. |
| <input type="checkbox"/> I am employed. | <input type="checkbox"/> I can take a vacation annually or every few years without financial burden. |
| <input type="checkbox"/> I have access to health care/a method for receiving urgent care. | |

Category 3: New client combo - \$160-225, follow-ups - \$60, Growth in four seasons - \$450

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| <input type="checkbox"/> I frequently stress about meeting basic needs & don't always achieve them. | <input type="checkbox"/> I have no or very limited expendable income. |
| <input type="checkbox"/> I have debt and it sometimes prohibits me from meeting my basic needs. | <input type="checkbox"/> I rarely buy new items because I am unable to afford them. |
| <input type="checkbox"/> I have unstable housing and/or frequently cannot pay rent on time. | <input type="checkbox"/> I cannot afford a vacation or have the ability to take time off without financial burden. |
| <input type="checkbox"/> I cannot always pay for public transportation. | |
| <input type="checkbox"/> I am unemployed or underemployed. | |
| <input type="checkbox"/> I qualify for government assistance including food stamps & healthcare. | |
| <input type="checkbox"/> I have no access to savings. | |